

## SCHOOL NURSE DROP-IN DATES 2018/2019

Our School Nurse, Laura Devereaux, will be in school at 3:20pm on the dates set out below. This is an opportunity to chat with a health professional about any health concerns you may have.

All dates are for general health concerns, with alternate sessions also having a specific focus. Helpful information on the focus subject will be available at these sessions.

Friday 9th November - general concerns. Focus subject: sleep problems

Friday 7<sup>th</sup> December - general concerns

Friday 11th January - general concerns. Focus subject: healthy eating

Friday 1<sup>st</sup> February – general concerns

Friday 8<sup>th</sup> March – general concerns. Focus subject: bed wetting

Friday 5<sup>th</sup> April – general concerns

Friday 10th May – general concerns. Focus subject: emotional health

Friday 7<sup>th</sup> June – general concerns

Friday 5<sup>th</sup> July – general concerns. Focus subject: transition to senior school worries (Yr6 parents/carers)

If you wish to attend any of the above sessions, please pop in to school at 3:20pm on your preferred date.

Laura will also be available to speak to during Consultation Evening on Tuesday 19<sup>th</sup> March.

If you wish to contact Laura at any other time (Tuesday-Friday) her mobile phone number is 07976 567932 Secure email address: laura.devereaux@nhs.net